



Arbor Place

Brendelwood Village

Deer Ridge

Greenwood Terrace

Highland Park

Oakwood

The Manor

The Woodlands

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Teresa Dusil
Editor

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METH-WICK
COMMUNITY

LIFE AS IT SHOULD BE

Life AT METH-WICK

Drew Hebert Wins 2021 Spirit of Sodexo Service Award

Congratulations to Drew Hebert, General Manager of Food and Nutrition Services at Meth-Wick, who won the 2021 Spirit of Sodexo, Service Spirit Award. He is the Seniors Segment Silver Level Winner for Service Spirit. In recognition of winning the Segment Level Silver he will receive a plaque and \$150 esteem pass. *"He was recognized because of the work that he did to level set the team salaries and in working with Meth-Wick to execute that plan across the entire frontline team"*, according to Gloria A. Chabot, LSS YB, Account Management Director, Client Relation Seniors for Sodexo.

Good work Drew! We are glad you are here!

Stay Safe Pendant Campus-Wide Checks

During the week of September 13, 2021, Home & Health staff will be checking pendants on campus. Home & Health staff will call everyone on campus throughout the week in order to test pendants & see if batteries need to be replaced. If your pendant hasn't been checked or verified by Monday, September 20, – please call 319-297-8654.

Home & Health welcomes everyone on campus to call anytime during office hours: **Monday – Friday ~ 8:30 AM – 4:30 PM** to provide pendant checks and answer pendant questions.

Compliance is Everybody's Business

The annual Meth-Wick Board of Directors compliance training is planned for August 31 at 8:00 a.m. All members of the board as well as senior staff are invited and encouraged to attend. Gary Jones, of Midwest Compliance Associates, will speak to the importance of compliance training and education, effective lines of communication, internal monitoring and auditing and written policies and procedures.

Steve Bonnett is Meth-Wick's compliance officer. If you ever have a compliance concern you are encouraged to contact Steve at 297-8619.

Stone Fruit – More to Come!

We have several copies of the novel, *Stone Fruit*, available in The Manor, Deer Ridge, and Greenwood Terrace libraries for you to check out. *Stone Fruit* was the book we read for our most recent book club, and we will be having a couple of outings related to the book and the Stone City-Anamosa area, as well as Grant Wood coming up. We're also thrilled we will be able to have a live ZOOM event from the author, Dorothy Montgomery, on Friday, September 17, so read the book prior, if you are interested, and plan to save the date for the ZOOM event!

The next issue of *Life at Meth-Wick* will be Friday, September 10. Information should be in writing to Teresa Dusil Friday, September 3. You can do so through campus mail or email at tjkdusil@methwick.org

Life at Meth-Wick comes out on the 2nd and 4th Fridays of each month.

Thank You!

I would like to thank our friends and neighbors who sent wishes for my birthday, whether it was a card, a phone call, or in person. Meth-Wick is certainly full of wonderful and supportive people. Thank you all for making my day.

MaryLe Smyth

Thank you for the love and support shown to my mom, Betty Knupp, and our family during her recent illness and passing. She often remarked to me how much she loved her Meth-Wick life and all the friends she made while living here. The flowers sent to the funeral service were beautiful.

Special thanks to Woodlands staff for the compassionate care you delivered time after time. She always felt she was in good hands with you and so did we.

Cindy Scott

Welcome!

Wally Horn and Phyllis Peterson have moved to Deer Ridge 348.

Wally was born and raised in Bloomfield, Iowa and graduated from high school there. He is a graduate of Truman State earning both a BA and master's in education. He is also a veteran of the Korean War.

Wally began his working career at Rudd Rockford Marble Rock Community School District teaching Industrial Arts. He also coached football, basketball, baseball, and track. He went from there to Washington, Iowa and in 1966 moved to Cedar Rapids to teach at Roosevelt. In 1968 he began teaching and coaching at Jefferson High School. Wally began working in the Iowa Legislature, serving in the House and in 1982 was elected to serve in the Iowa Senate. He retired in 2019.

Phyllis was born and raised in Laurens, Iowa, graduating from high school there. She earned her Bachelor's in Science & Humanities from Iowa State University. In 1986 she went to Northeast Missouri to work on her master's degree and specialist in education administration, later receiving her superintendent and principal certificates. She obtained her PhD in Education from the University of Iowa in 1989.

Phyllis started teaching at Harris Lake Park Community School. In 1978 she moved on to teach at Carroll, Iowa. In 1988 she began working at Kirkwood through the Cedar Rapids Schools and for Grant Wood AEA. She led the Star School Program for distance learning at Kirkwood among other things for Kirkwood. She retired in 2003 and began working as a clerk at the State house until 2018.

Phyllis and Wally married August 4, 1989. Wally has a son, Greg, and his daughter, Julie, passed away 9 years ago. He has seven grandchildren and one great grandson.

Wally and Phyllis enjoy antiquing, wintering in Arizona and traveling. Phyllis likes to read and has served on the IPERS Investment Board since 2003.

The Brief Devotions RERUNS Schedule for September!

The RERUNS schedule for Brief Devotions in September is set and ready to roll.

This is what you can expect for the first part of September:

- August 30-September 4, listen to the transforming story in El Salvador through the eyes of the poor and the leadership of Archbishop Oscar Romero in the early 1980's.
- September 6-11, hear the stories of St. Clare of Assisi, a contemporary of St. Francis of Assisi, from the book *Enduring Grace: Living Portraits of Seven Women Mystics*.

Devotions are aired on Channel 16 on Monday, Tuesday, Wednesday, Friday, and Saturday at 10:00 a.m. and 7:00 p.m. In addition, reruns will also occur on Thursday at 10:00 a.m. If you have any questions, you can always reach the chaplains at extension 622 or send an email to chaplains@methwick.org.

And thanks for watching and listening!

*Grace & Peace be with you all,
Chaplain Carol*

Program Updates:

By Eryn Cronbaugh (297-8620)

Director of Wellness and Recreation

Email: ecronbaugh@methwick.org

Movie & Popcorn: *News of the World*

Join us TODAY, Friday, August 27, at 2:00 p.m. in Live. Laugh. Learn. Center for our movie, *News of the World*, starring Tom Hanks. The movie is 1 hour 58 minutes long and is rated PG-13.

Bus Ride

Please sign up at The Manor front desk for our bus ride outing. The trip will be Monday, August 30, departing at 1:30 p.m.

Retirement Party for Ann Rabe

Please join us in Live. Laugh. Learn. Center between 1:30 and 2:30 p.m. to wish Home and Health employee, Ann Rabe, a happy retirement on Wednesday, September 1! Come wish her well and pick up a treat!

Cedar Rapids Art Museum Outing:

Sign up at The Manor front desk to go to the Cedar Rapids Art Museum on Thursday, September 2. The bus will depart at 1:00 p.m. You'll be welcome to go to any of the exhibits, but we would like to be sure to catch the Grant Wood exhibits, if possible, especially for those of you who have been reading *Stone Fruit*. Exhibits will include "Grant Wood Revealed: Rarely Seen Works by an American Master" and "Americans in Paris: Grant Wood and Marvin Cone's 1920 Trip to Paris". Admission is free.

Cycle Rides

If you would like a bike ride, go to Grandon Courtyard at The Manor on Friday, September 3. A staff member from wellness & recreation will take you on the tandem cycle. Rides will begin at 2:00 p.m.

Brain Benders

Join us in Live. Laugh. Learn. Center to stretch your brain with our *Brain Benders* program on Wednesday, September 8. Join us at 2:00 p.m.

Cooking Class Lunch Sign Up

Our cooking class lunches will be held on Thursday, September 16 and Thursday, September 30 this month, each starting at 11:30 a.m. Please sign up at The Manor front desk **beginning at 8:00 a.m. on Thursday, September 2**. Please do NOT call the front desk prior to this time to sign up. Seats are limited to 15 people for each date, and cost \$5 will be charged to your Meth-Wick bill. Please only sign up for one of the dates.

Llamas!

We are thrilled to be having the llamas from Prairie Patch Farms coming on Thursday, September 9. They will visit us in independent living at Grandon Courtyard at The Manor from 2:00 – 2:30 p.m. Please come get your picture taken and enjoy visiting with them!

Worship Updates:

If you would like to join worship via Zoom on Sundays, please contact Eryn at ecronbaugh@methwick.org for the Zoom link. We will be replaying worship on Channel 16 as well, one week after the original service. Please call Eryn for more information at 319-297-8620. We will still require a sign up for in-person worship at this time. Please sign up for September worship dates at The Manor front desk.

Wear Your Team Colors!

Staff will be celebrating a tailgating day on Friday, September 10 by wearing Iowa or Iowa State colors in preparation for the Iowa/Iowa State game on Saturday.

Join in the festive spirit by wearing your favorite team colors and watching for any additional announcements!

Cedar Rapids Bank and Trust

Meth-Wick is a branch location for Cedar Rapids Bank and Trust! This means you can access banking services each month from the comfort of Meth-Wick! CRB&T representatives come on the first Wednesday of the month as follows:

9:00-9:30	Deer Ridge Lobby Area
9:30-10:00	Greenwood Terrace Nurse's Office
10:00-10:30	Knapp Conference Room (Manor)

They are willing to help with all your banking needs!



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Memorial Mass and Celebration of Life for Pat Durfey

Pat passed away at Meth-Wick last December 14, 2020. Due to the Pandemic, we were unable to hold a service for our mom. We would like to extend an invitation to help us honor her with a memorial mass and reception.

St. Wenceslaus Catholic Church

Saturday, September 11, at 4:00 p.m.

Reception immediately following Mass at the church from 5:00 – 6:30 p.m.

Please bring only your memories- no flowers or gifts.

You are Invited

The family of **Jerry Seidl** invites Meth-Wick friends to join them celebrating Jerry's life on Saturday, September 11 from 1:00-4:00 p.m. The remembrance will be held at the Red Cedar Lodge in Wanatee Park (formerly known as Squaw Creek Park) 1700 Bluestem Drive, Marion, Iowa.

Sally's Gifts Jewelry Sale through September 4

Do some personal shopping and think about birthday and Christmas shopping as well. Gift boxes are available.

