



Arbor Place

Brendelwood Village

Deer Ridge

Greenwood Terrace

Highland Park

Oakwood

The Manor

The Woodlands

Robin Mixdorf
President

Brian Scott
Board Chair

Teresa Dusil
Editor

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LIFE AS IT SHOULD BE

Life AT METH-WICK

Mandatory Vaccines for Staff and Contractors

We have an important announcement about the COVID-19 Vaccine and our staff, contracted staff, and volunteers across the Meth-Wick campus. Effective November 15th, 2021, all Meth-Wick staff including contract staff and volunteers will be required to be vaccinated against the COVID-19 virus.

A safe work environment means we do everything we can to protect both residents and staff. We have strongly encouraged all the staff to be vaccinated since the vaccines were approved for Emergency Use Authorization. Full FDA approval of the Pfizer vaccine is in place, and it is the vaccine we offered through our early pharmacy partnership with CVS. We continue to offer the vaccine through Main Healthcare Pharmacy, our long-term pharmacy partner.

To date we have a vaccine participation of over 82% but we must do better. Employees have received notice of the mandatory vaccine policy and in keeping with other federal laws, there are exemptions to the vaccine for individuals with medical issues and/or closely held religious beliefs.

Although a mandatory vaccine policy could be disruptive to staffing, we would soon be headed down this path anyway based on the announcements from President Biden requiring all CMS contractors to have a mandatory vaccine policy and his call for employers with 100 employees or more to require vaccinations or weekly testing. Guidance has not been released from the federal agencies involved, but we were already moving forward prior to the announcements and have no reason to delay the process.

The science is clear – vaccines save lives.

Vaccine Booster Shots for Residents

We have partnered with Main Healthcare Pharmacy to offer vaccine booster shots (Pfizer) in mid-October for residents who received their 2nd Pfizer shot by February 18, 2021. For those eligible, they will be offered at the same time as the flu vaccine. Information on the paperwork clinics is on page 2. Details regarding time and place for the actual vaccine clinics will be released as soon as they are finalized. If you have already received a flu shot or a vaccine booster shot, please make sure we have a record of it for our Electronic Health Records. That information can be sent directly to Cindy Scott, RN, Home and Health. Residents will be able to receive either vaccine or both vaccines at the on-campus vaccine clinics. We will offer additional clinics for residents who received their second vaccine later than February 18, 2021.

We are grateful for your support as we take this important step.

Robin K. Mixdorf

The next issue of *Life at Meth-Wick* will be Friday, October 8. Information should be in writing to Teresa Dusil Friday, October 1. You can do so through campus mail or email at tjkdusil@methwick.org

Life at Meth-Wick comes out on the 2nd and 4th Fridays of each month.

WOW! Thank you to all our great friends for helping to make our 50th Wedding Anniversary so very special, with your cards and well wishes. We are so blessed to be a part of this great community.

*Thank you,
Connie and Dave Mills
Deer Ridge, Unit 344*



Welcome!

Patsy (Pat) Brand is moving to Manor 215 on Monday, September 27. Born in Chicago, she grew up in the city, moved to Clarendon Hills, IL in fifth grade and graduated from Hinsdale Township High School. Pat attended two years at Michigan State College studying art and sociology and left to pursue her art career at American Academy of Art in Chicago. Pat worked part-time several years in retail including local sports shops and large department stores, such as Carson Pirie Scott & Co. and Steinfeld's. She also did some modeling for the stores. Pat also bred and showed Labrador dogs. Pat certified one of her dogs to become a therapy dog and attended over 300 visits, sharing her love of dogs with others. She also incorporated her art skills to provide residents with art therapy sessions.

Pat married Will Brand of La Grange on June 13, 1952. The two moved to Wisconsin after his military deployment. The couple had four children: Sue (Bill) of Wisconsin, Cindy (Paul) Sales of Cedar Rapids, Jay of La Grange, IL, and Jeffrey of Wisconsin. Pat has nine grandchildren and one great grandchild. The couple ran a local convenience store and then purchased and ran Brand's Tomah Ridge Resort for 10 years in Minocqua, Wisconsin. Pat ran the resort for a few years after her husband passed away. She decided to move to Cedar Rapids to be closer to her daughter a few years ago.

Pat is a member of Lovely Lane United Methodist Church. She is a member of the Creative Arts group. Pat enjoys painting, photography, and socializing. Pat has made cards for Gems of Hope. She also won a Scholastic competition in high school which resulted in her piece being displayed in downtown Chicago.

Paperwork Clinic Schedule for Flu Vaccine and Booster Shot

The following is the schedule for residents to complete the paperwork for the flu vaccine and, if eligible, the COVID-19 booster shots. To be eligible for a COVID booster shot you must have received your 2nd regular shot by **February 18th**. Residents may get either flu vaccine and if eligible, the COVID-19 vaccine, or they may get both vaccines at our on-campus vaccine clinics.

Please bring your Medicare card and your COVID vaccination card with you to the paperwork clinic – copies will be made, and the cards returned to you.

All paperwork clinics will be held in the Live. Laugh. Learn. Center from 11:00 a.m. – 1:00 p.m.

Monday, September 27 th	Deer Ridge & Highland Park residents
Tuesday, September 28 th	Greenwood Terrace & Brendelwood Village
Wednesday, September 29 th	Oakwood and The Manor (except Custom Care)

Employees eligible for the booster shot will also be filling out the necessary paperwork during the above listed times. Getting the paperwork done prior to the vaccine clinics helps make the process run efficiently the day of the clinic however there may be wait times as we adhere to social distancing and cleaning standards.

Residents of The Woodlands, Custom Care and Arbor Place will be able to have their vaccines in their own buildings or areas.

Program Updates:

By Eryn Cronbaugh (297-8620)

Director of Wellness and Recreation

Email: ecronbaugh@methwick.org

Active Aging Week 2021

Fitness Staff are excited for another fun filled Active Aging week starting October 4-October 8.

The week will include fitness classes such as suspension training, mini bands, and dance. In addition, we will be hosting live game shows, a 20 questions campus walk, giant scrabble tournament, team cranium, murder mysteries, scavenger hunt, and escape room!

More detailed information will be placed in campus mail by September 27. We hope to see you throughout the week as we celebrate. Please contact Kristin Van Dyke at 297-8612 or kvandyke@methwick.org with any questions.

Fitness Class Sign-Ups

It is time to sign up for *In Motion*, Fitness Zone and Therapy Pool Classes (October-November). **Sign up will begin Monday, September 27, at 6:00 a.m.** Call or email Kristin Van Dyke at 297-8612 or kvandyke@methwick.org.

Sign up is first come first serve and all phone and emails are time stamped. Additional information with detailed class descriptions will be placed in campus mail by Friday, September 24.

Book Club

Come to Book Club on Monday, September 27 for Book Club in Live. Laugh. Learn. Center at 2:00 p.m. to discuss our current book and get the next one!

Movie & Popcorn: *Dream Horse*

Our movie for Wednesday, September 29, will be *Dream Horse*. It is rated PG and will run for 1 hour and 53 minutes. The movie is based on the true story of Dream Alliance, an unlikely racehorse bred by small town bartender, Jan Vokes. Jan convinces her neighbors to chip in their earnings to raise Dream Alliance and compete with racing elites.

Showtime is 1:30 p.m. in Live. Laugh. Learn. Center.

Cooking Class Lunch

The second cooking class lunch for the month will be held on Thursday, September 30, at 11:30 a.m. in Live. Laugh. Learn. Center. Sign up for the waiting list if you wish to attend.

Stone Fruit Outing

We have yet another program related to the book, *Stone Fruit* on Friday, October 1. Sign up at The Manor front desk for an outing to Stone City and lunch at The General Store. After lunch we will go to Anamosa to browse the Grant Wood Art Gallery and see the giant American Gothic statue.

The bus will start picking up around campus at 10:00 a.m. You will pay for your meal on your own, and the gallery has a free will donation option. The bus trip itself will cost \$2 per person, charged to your Meth-Wick bill.

Concert Transportation

Chamber Concert: If you are signed up for transportation to the Chamber Concert on Saturday, October 2, please confirm your ride with Eryn. The bus will begin picking up at 6:45 p.m.

Community Concert: If you are planning to ride the bus for the Community Concert on Sunday, October 3, please confirm your ride with Eryn. If your plans have changed, please call her to cancel as soon as possible. The bus will depart at 1:30 p.m. for the concert.

Eryn's contact information is on this page.

The Latest on Voting

The City and School Board Elections are Tuesday, November 2. Due to the pandemic, Meth-Wick will **NOT** be serving as a public polling place. Residents can vote in-person on Nov. 2 at the Northwest Recreation Center, and we will run a bus shuttle. In-person early voting via Absentee Ballot goes from, October 13 until Monday, November 1. Change of address and requests for an absentee ballot to be mailed to you can be done online or at The Manor front desk and must be received by the Elections office by October 15 at 5:00 p.m.

Health Services team will serve Woodlands and Arbor Place residents through the Elections office. They (nor their family members) should not request their own ballots Please contact Eryn at 297-8620 or with any questions or concerns. Watch for more information in our next issue.



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In Memory:

Richard L. Truxaw

February 28, 1929 – September 9, 2021

Richard moved to Meth-Wick in July of 2016

Mary T. Stearns

October 15, 1926 – September 16, 2021

Mary moved to Meth-Wick in May of 2008

A Note of Appreciation

Robin Mixdorf, the wonderful staff, and residents of Meth-Wick:

It was such a blessing to my heart to see and speak with so many of you at my retirement party. It was all so special!

I will always look back fondly on the many years that I was able to work at Meth-Wick Community. I have met so many wonderful people that live and work there.

Thank you all from the bottom of my heart for being so special!

*Blessings!!
Ann Rabe*

Sally's Gifts Thanks You!

Sally's Gifts sold 183 pieces of jewelry during the three-week sale! That is a lot of earrings, necklaces, and bracelets for residents to wear or give as gifts. Now it will be time to put out new jewelry that has been purchased, so if you didn't find what you wanted at the sale, stop in, and see some new items. The new jewelry pieces are coming out slowly because there are items for Fall, Halloween, Thanksgiving, and Christmas to display in the days ahead!

Big Button Remotes for TV

Sally's Gifts has big button remote controls available. The price was \$25 but will be **on sale for \$15** until the eight in stock are sold. Each remote requires 2 AA batteries, which Sally's will provide with the purchase of a remote. This item will not be reordered unless there is a big demand. If you purchase one of these, you can call a work order to 640 and Adam will program it for you if you don't want to do it yourself.